

MY QUESTIONS ABOUT SUDDEN UNEXPECTED DEATH IN EPILEPSY (SUDEP)



On the left, check the box next to questions you would like answered by your child's health care team at this appointment. Circle the questions that are most important to you. On the right, use the space to write down any of your own questions that you would like answered.

- WHAT IS SUDEP?**
- WHY DOES SUDEP HAPPEN?**
- ARE YOU WORRIED MY CHILD COULD DIE OF SUDEP?**
- DOES MY CHILD'S TYPE OF EPILEPSY MEAN THAT THEY ARE MORE LIKELY TO DIE FROM SUDEP?**
- IS THERE ANYTHING THAT I CAN DO TO PREVENT SUDEP?**
- DOES TAKING SEIZURE MEDICATION PREVENT SUDEP?**
- CAN YOU TELL ME ABOUT SEIZURE MONITORING DEVICES?**
- ARE SEIZURE MONITORING DEVICES HELPFUL IN PREVENTING SUDEP?**
- WHAT IS THE SAFEST WAY FOR MY CHILD TO SLEEP?**
- CAN MY CHILD SLEEP AWAY FROM HOME (SLEEPOVERS, CAMP, COLLEGE)?**
- WHAT DOES THE RISK OF SUDEP MEAN FOR MY CHILD'S DAILY LIFE?**
- HOW DO I TALK ABOUT SUDEP WITH MY CHILD?**
- HOW DO I TALK ABOUT SUDEP WITH MY CHILD'S SIBLINGS OR OTHER LOVED ONES?**
- WHERE CAN I FIND MORE INFORMATION ABOUT SUDEP?**

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Figure 1. Asking Questions About SUDEP. This caregiver-informed question prompt list serves as a tool to facilitate communication about SUDEP. It includes 14 questions that reflect common concerns among caregivers of children living with epilepsy, as well as space for caregivers to write down additional questions they would like clinicians to address.